

## **Awards for Club Swimmers at Tenby Dolphins Annual Party .**

On the evening of 22<sup>nd</sup> December 2005, the annual Tenby Dolphins Christmas Party was held at the Saundersfoot Sports Club. This was a great opportunity for the club members to get together, let off steam and celebrate their considerable achievements in what was a very successful year for the club.

Previous reports have detailed the individual successes in various competitions over the latter half of the year, but we should also note that Tenby made a fantastic start to 2005 at the West Wales Championships, which were held in Penlan in February. As well as returning some strong individual performances, the swimmers performed exceptionally well in the relay competition, where they finished second only to Swim Swansea, which is recognised as one of the top clubs in Britain.

With many consistently strong performances throughout the season, head coaches John and Steph Amos, had much to reflect on whilst choosing the winners of the annual awards. The prize winners were:

Coaches Choice for the Most Outstanding Swimmer of 2005 - Lewys Canton; Most Improved Overall Swimmer – Matt Davie; Most Improved Girl – Casie Paxton; Most Improved Boy – Cheyne Lloyd; Most Improved Girl Under 8 – Kiera Slack; Most Improved Boy Under 8 – Elliot King. Outstanding Achievement Awards were also presented to Bethan Davie and Sydney Vickery, who won individual races in the Under 9s competition at the 2005 West Wales Championships, but were not awarded medals on the day because they rather bizarrely swam too fast and only received “speeding tickets” for their efforts !! Kira Hardy was also presented with an award in recognition of the fact that, due to a technical hitch, she was inadvertently excluded from a final at the Pembrokeshire Sprints which were held in May.

### **Forthcoming Events.**

The Pembrokeshire Long Distance Championships, featuring 800m and 1500m freestyle events, which were scheduled to be held at Pembroke Leisure Centre this Sunday, have now been moved to Sunday 15<sup>th</sup> January. This gives those who have not yet entered a little longer to make up their minds, as the closing date for entries has now been moved to 11<sup>th</sup> January. Any squad members unsure about entering, don't be put off by the seemingly longer races. You all regularly train over these distances, so why not give it a go?

Another closing date rapidly approaching is for the West Wales Championships which will be held over two weekends in February. This is a great competition and the premier regional event, and all squad swimmers are encouraged to enter. Be sure to check the notice board at the leisure centre to select the events you want to compete in and get your names down before the 11<sup>th</sup> January.

Also, coming up are the National Urdd Swimming competition finals, which will be held at the National Pool Swansea on 28<sup>th</sup>/29<sup>th</sup> January (Junior Schools 28<sup>th</sup> and Secondary Schools 29<sup>th</sup>). You are not representing the club this time, but good luck to all those who have made it to the finals!



Pictured with Squad Coaches Neil Hensman and John & Steph Amos are (from left to right) Lewys Canton, Sydney Vickery, Casie Paxton, Bethan Davie, Kiera Slack, Kira Hardy, Cheyne Lloyd and Matt Davie.