

Big Tenby Dolphins Entry in 2006 Pembrokeshire Sprint Meet.

Despite the ongoing building works at Pembroke Leisure Centre, on 28th May 2006, the annual Pembrokeshire Sprint Meet was held at the Pembroke swimming pool.

Tenby and District Swimming Club were well represented with no fewer than 51 Tenby swimmers testing themselves against competitors from the rest of Pembrokeshire.

A full spectrum of age ranges entered. Swimmers from 5-10 years old competed over one 25m length of the pool, and the older entrants over 50m.

Competition Results.

As usual in the case of the galas with large numbers of entrants, we cannot really list each individual result. However, those achieving first place finishes in various events were as follows:

Carl Amos, 16/O 50m Butterfly; Daniel Brown, 14/15 50m Breaststroke & 13/14 50m Freestyle; Lewys Canton, 12/13 50m Butterfly; Elena Ciccotti, 11/12 50m Backstroke & 12/13 50m Butterfly; Bethan Davie, 10/11 50m Breaststroke; Daniel Davies, 8/U 25m Freestyle; Rebekah Gwyther, 9/U 25m Breaststroke & 25m Butterfly; Samu Jaakola, 10/11 50m Breaststroke; Jack Lear, 11/12 50m Freestyle; Sam Lewis, 9/10 25m Backstroke, 10/11 50m Butterfly & 9/10 25m Freestyle; Hannah Saunders, 8/U 25m Backstroke & 8/U 25m Freestyle; Holly Watkins-Rees, 13/14 50m Backstroke, 14/15 50m Breaststroke, 14/15 50m Butterfly & 13/14 50m Freestyle.

Excellent results by all the above, many of whom also won Silver and Bronze medals. There were also some great swims by the following club members who made finals, and in some cases the 2nd and 3rd step on the podium:

Gemma Amos, Lauren Arthur, Sophie Arthur, Lewis Bridle, Eleanor Brown, Eleri Canton, Nathan Clarke, Matt Davie, Kira Hardy, Henrik Jaakola, Andrew James, Sophia James, Coral Lewis, Niamh Slack, Josh Thomas, Hari-Llyw Truman, Madison Vickery and Sydney Vickery.

The remainder of the Tenby entrants who also swam very well, but were either just edged out for a place in a final, or were swimming well out of age were:

Gareth Davie, Carys Davies, Ffion Davies, Rhys Davies, Luke Dedoncker, Scott Dedoncker, Daniel Evans, Jacob Griffiths, Sadie Griffiths, Carl Gwyther, Elliot Hoad, Jonas Jaakola, Angharad Lear, Arron Lloyd, Oliver Parsons, Casie Paxton, Chloe Rees, Paul Rees, Kiera Slack and Billy Truman.

In attendance, and scrutinising every aspect of each swimmers performance, were Team Manger Steph Amos, and Head Coach John Amos. They were very pleased with the efforts of the team, and report that the Tenby swimmers who took part actually swam a total of 268 individual races, with 57% of those being swum in personal best times. This accounted for a total of 62 Gold, Silver and Bronze medals. All round a very good team performance.

Forthcoming Events

We have two events coming up in the immediate future:

The Amman Valley Sprint Meet at Llanelli on 10th June. Good luck to those who have entered.

The Final of the Dyfed Junior League on 25th June. Please check the notice board regularly for team selection news, and let us know as soon as possible if you cannot attend the gala.

Club News

Two of our senior swimmers, Tasha Kinsey and Danny Brown (who attends Kelly College in Devon) have recently been taking part in the NRG Barracudas Open Meet in Beau Sejour, Guernsey, as part of the Welsh Regional Swimming Squad. A large team of swimmers from South West and South East Wales travelled to Guernsey by ferry. The North Wales regional team were unable to travel at the last minute due to problems with flights. Those who made the ferry crossing from Weymouth encountered pretty bad weather and had a very rough voyage by all accounts. Nevertheless, Danny had a successful trip winning both the 13/14 yrs 50m and 100m breaststroke events.



Danny Brown and Tasha Kinsey and the rest of the South West and South East Welsh Regional Teams who recently travelled to the NRG Barracudas Open Meet at Beau Sejour, Guernsey.

We have previously reported that Tenby won this years Pembrokeshire Junior League competition, and the proud team captains Rebekah Gwyther and Henrik Jaakola were duly presented with the trophy at the Pembrokeshire Sprints Meet last weekend.



Tenby & District Swimming Club boys and girls junior captains, Rebekah Gwyther and Henrik Jaakola, with Head Coach John Amos, after receiving the trophy for winning the Pembrokeshire Junior League.

We are delighted that such a large number of the club members entered the Pembrokeshire Sprints this year, and hope that some of those who are relatively new to competition enjoyed the experience. If so, please keep an eye on the notice board, and check the press reports to see what else you can have a go at in the coming months!